

Real Relationship Solutions



Communication Just Got Easier

...

Relationship problems stir up painful emotions
and seemingly impossible challenges.

Couples:

Receive training in a proven system
that eliminates painful interactions.
Connect and grow together.

Individuals:

Clarify relationship patterns and
frustrations. Become a Conscious
Communicator in all areas of your life.

*"We are wounded in relationship and
we heal in relationship."*

- Harville Hendrix, PhD

HeartMind Partners

Healing Lives in Relationship
Since 2001



**Couples
Individuals
Groups**

MA, Family Systems Counseling

**Imago • Gottman • NVC •
CBT • Triggers • Yin Yang**

Yaj

(845) 641-8843

HeartMindPartners.com

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