## Judith Hughes Licensed Acupuncturist & Chinese Herbalist

Affordable and Effective Acupuncture and Chinese Herbs in **Sunny Brae** 



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judithhughesacupuncture.com

- pain, acute or chronic
- preventative and restorative health care
- immune system support
- post COVID/ post vaccination
- stress
- anxiety, depression
- insomnia
- addiction
- weight
- women's health
- headaches
- allergies
- digestive health
- fatigue
- chronic conditions, eg diabetes, hypertension, autoimmune, etc.

## Introducing ... Sweet Life Chinese Herb and Stone Essences



Vibrational frequencies of traditional herbal formulas and associated stones, stabilized and held in a matrix of organic glycerin and pure structured water.

Here are the first four: **Easy Teethe** for teething discomfort, upset and diaper rash. **Dry Pajamas** for bed wetting and anxiety. **Peaceful** 

**Dreams** for night terrors and insomnia. **Support Digestion** for harmonious digestion and assimilation.

