

# Nature's Scent Apothecary



**Bath & Body Self-Care**



Wellness support through Aromatic Plant Chemistry

## **Deborah Reeves: Holistic Healing Arts Provider & Licensed Clinical Social Worker**

*"Smell is a potent wizard that transports us across thousands of miles and all the years we have lived." Helen Keller*

For the better part of 20 years, I have had a career in the mental health field. As a licensed clinical therapist, I strongly believe in the importance of wellness self-care. I have been the sole proprietor of Nature's Scent Apothecary Bath & Body Self-Care since 2005, and a holistic health provider skilled in Reiki, ArōmaTouch, Lymphatic Drainage, and am now thrilled to provide individualized Aromatherapy Consultations and customized blending to my services menu

**Aromatherapy Consultations:** Clinical aromatherapy is an individually person-centered holistic approach to overall mind, body, and spirit wellness using the art & science of aromatic plant chemistry. As an Aromatherapy Consultant trained through Aromahead Institute, I formulate personalized aromatic blends focusing on the therapeutic qualities from the chemical constituents of the plants. A consultation includes a comprehensive assessment of past and current health and wellness concerns, a custom crafted blend designed to assist you in meeting your wellness goal, and a follow-up assessment.

Call **707-834-1314** for scheduling information.

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