



# PURE SOLUTIONS FAMILY SERVICES, INC.

*Transformative Holistic Services*

## PURE SOLUTIONS PHILOSOPHY

Pure Solutions, a private, non-profit agency, approaches healing within the family with a different system than traditional models. Our company replaces the word "problem" with "opportunity". We have the knowledge, resources, and expertise within our agency that allows us to consider each family's unique situation from a multitude of angles, so that we can discover where the magic of healing takes place within your family system.

### Our Mission

*All individuals have an innate propensity to live a balanced and joyful life. Pure Solutions acts as a lighthouse to restore natural rhythms within the family. We believe that mastery over our inner world gives us the capacity to create our outer world via the pathway of authenticity, connection and uplifting relationships.*

*"You have a treasure within you that is infinitely greater than anything the word can offer" -Eckert Tolle*

### Meet Our Founder

**Amber Bedell** is the founder and executive director at Pure Solution Family Services. Ms. Bedell has been in the non-profit and mental health field for over 18 years and has co-founded non-profit agencies throughout the state of California. She holds a bachelor's degree and master's degree in psychology from Humboldt State University, which provided her with the foundational knowledge necessary to grow her acumen as an industry leader in her field.

Ms. Bedell created **transformative theory and practice for healing trauma by combining her training in traditional psychotherapy, emerging neuroscientific research, attachment theory, quantum physics and epigenetics**. With a holistic approach, Ms. Bedell utilizes a variety of theoretical orientations and has a powerful intuitive approach that she is able to teach her clients to use their own inner guidance system for their ongoing daily life management. **Amber holds special training in Parent-Child Interaction Therapy, Trauma Focused Cognitive Behavior Therapy, Attachment Focused Family Therapy, and other holistic trainings such as EFT Tapping, Reiki, and Trauma Responsive Care**. Ms. Bedell has worked with thousands of individuals and families on a variety of personal development needs, including severe crisis interventions, achieving massive success.



## Services

**Pure Solutions offers wraparound services for families with children adopted out of the foster care system.** Your family can qualify for our program if you are struggling with parenting your adopted child. Our program is holistic, family centered and catered to your individual needs. If you are currently struggling with your adopted youth, contact us for more information. We offer a variety of therapeutic services, directly from the Pure Solutions agency and through our community partnerships with providers. **If your family presents you with a service need, we do not currently have, we will secure a provider for you.** Pure Solutions also offers therapeutic services to individuals and family's in our community. Most major insurances are accepted. Scholarships may be available and tax deductible donations are welcome

### Treatment Services

We welcome you to view our current list of services, however, more options are available depending upon your individual and family needs:

- Mental Health Treatment for your entire family, Licensed practitioners and Alternative Coaching and Life Empowerment Specialists
- Medication Support, if indicated, with Licensed Psychiatrists and Licensed Psychiatric Nurse Practitioners
- Life Books: All Clients are eligible for sessions with a Life Book Licensed Practitioner
- In Home Support; trained and qualified paraprofessionals for parents and children
- Respite Care; Including in or out of home respite services
- Equine Assisted Therapy
- Movement Grief Therapeutic Services
- Physical Therapeutic Services; Exercise, including gym memberships and outdoor hiking, community recreation, gymnastics and other movement activities
- Creative Arts Expression
- Reiki and other Body/Energy Healing for Trauma Survivors
- Registered Dietitian Services, Nutritional and Homeopathic Services and Home Meal Delivery.

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