



Ayurvedic Living School

~ Empowering You to Heal Yourself & Your Community Since 2006 ~



We Grow Ayurveda Herbalists,
Ayurveda Health & Life Coaches & Massage Therapists!

Be nurtured by the mother of all medicines.

Move from sick to self-healer & launch a career aligned with your calling!

Classes Meet: Weekly with world class Ayurveda teachers with 30+ years experience

Herbal & Clinical Internship Options Available.

100% Online Trainings Include: Weekly Live Classes + Monthly Cooking Lessons &

Community Clinics + Seasonal Self-Care Retreats, Rituals, Herbal Medicine Making

Immersions & Rejuvenating Group Detoxes. Includes: peer support pods, monthly private

Ayurveda Health Sessions with our graduate practitioners & course workbook/textbook.

Massage Training Meets in-person in Arcata each summer.

Details & Registration: www.ayurvedicliving.com

