

Deva Davisson, EAC

HORSE-HUMAN EXPERIENCES FOR
TRANSFORMATION AND PERSONAL GROWTH



EQUINOX EQUESTRIAN
COACHING | SOMATICS | LEARNING

Trauma-informed and equine-assisted coaching, consulting, and education



Hi, I'm Deva, and I'm a certified Equine-Assisted Coach. In the beautiful, peaceful, private environment of The Sanctuary, and with the embodied support of the horses, I guide my clients through a journey of transformation.

I help women and men in positions of service move through burnout and trauma to regain their inner passion and drive.

I help first responders live a life of service that doesn't sell them out, sell them short, or lead to moral injury.

I help those who work in service metabolize the trauma they see and hold every day, so they can remember why they do the vital work of caring.

And I help women step into their healthy, vital, warrior energy to create real change - for themselves, for their loves, and for the world.

I came to this work after working in law enforcement, in the court system, in social work, and in the medical field. I understand the heavy toll this work takes on those who choose to serve others, and I know far too well how burnout and secondary trauma can seep into every part of your life, leaving you fatigued, angry, depressed, or just numb.

I understand what it's like to slog through your work week, desperate for a day off - only to find you have no motivation for yourself or others. I remember what it was like to wake up and wonder how I'd get through another day, much less another week.

I've been there, and I can help you find your way to a new place of possibility.

"Working with Deva is profound and transformative. She has the ability to hold such compassionate, expansive space, so that I feel completely at ease and like my full self is welcome every time we connect. Because of the compassionate space, I feel safe to dive into the depths of my unconscious, with Deva alongside, gently guiding and allowing whatever needs to unfold. And as we resurface together, I feel her grounded energy helping me to integrate and find my breath. In a slow, dancelike space, Deva questions and guides, challenges and supports. Her capacity to see through the stories and projections to the heart of the matter facilitates my own inner knowing, allowing our container to serve an alchemical purpose. With Deva's guidance, we burn away that which no longer serves so that new possibilities and creative energies can emerge." - Heather B.



707-613-0029 * deva@equinoxeq.com

Book a no cost consult at www.equinoxeq.com

