

*Wholistic Heartbeat* hails from the land of the Wiyot peoples.  
We strive to work in right relationship with, and honor this sacred land.  
We are compelled to spread awareness of the continuation of colonial  
acts that neglect the voices and sovereignty of the Wiyot people  
and other Indigenous communities.

Please join us in paying an Honor Tax as a way of recognizing and respecting  
the sovereignty of Native Nations.

[Honortax.org](http://Honortax.org)

Together we can educate and hold one another accountable  
with ongoing love and compassion.

