# Denny Dorsett

## Jin Shin Jyutsu
## Whole Woman Work

Jin Shin Jyutsu is a healing modality from Japan in which light touch is applied to the body in patterns discovered thousands of years ago. It shares history with acupuncture and acupressure. After nearly vanishing, the art was resurrected in the early 1900's. Then, after the second World War, a remarkable woman named Mary Iino Burmeister brought it home to the USA. It's now taught and practiced worldwide.

Because our mental, physical and spiritual selves are integrated, JSJ works on all aspects of our being at once. Human touch, skillfully applied by an attentive practitioner, brings the client's energy into balance, allowing it to flow freely to support well-being on all levels. Challenges to health in all our systems can be addressed.

If this sounds both simple and mysterious, it is. Science might someday be able to measure these energy effects. For now, I rely on the evidence presented by the increased well-being my clients report.

Sessions usually last an hour. The client lays on their back, fully dressed except for shoes, on a comfortable massage table. They may talk with me about what they'd like to address, or not. The setting is quiet. Afterwards I make suggestions for simple self help and answer questions.

In addition to Jin Shin Jyutsu, I offer another healing modality. In my practice as a registered nurse (now retired), I saw many women with "female problems" poorly served by medical and surgical interventions. Finally I came upon an approach based on up to date knowledge of female anatomy and physiology that integrated ancient women's knowledge of their bodies. As a certified Whole Woman practitioner, I offer simple exercises and lifestyle changes combined with traditional nutritional and herbal knowledge to create new freedom from incontinence, hip pain and prolapse for women young and old. Men can benefit as well.

Be well, and spread the joy of health!

## 707-825-3072
Call or text if you would like an appointment for
Jin Shin Jyutsu or Whole Woman work