

# TAOREIKI HOLISTIC SERVICES



*Reiki ~ Life Coaching ~ Charms*

**Rev. Papa Bruce L. Anderson**

**Reiki Master/Teacher ~ Shaman**

**Holistic Health Practitioner,**

**California State Certified Massage Therapist (CMT #29422)**

**Member Associated Bodyworkers & Massage Professionals**

**Ordained Minister - Universal Life Church Seminary**

I earned my Bachelor of Arts in 1983 from St. Marys of California majoring in Communication/Art with minor studies in psychology. Following graduation, I entered the aerospace industry as a neutron radiographer and production manager for the next twenty years. During that time I became the caregiver of a family member with a traumatic brain injury. From this experience I chose to expand my natural healing talents receiving first and second-degree Reiki attunements from Master Teachers Mark and Rhonda Gerych in San Francisco and my third-degree and master Reiki attunement from the Rt. Rev. Lynne McCaleb, Archprs.H. of Temple/Lyceum of Isis of the Stars at the base of Mt. Shasta.

After leaving the aerospace industry, I received further holistic and massage training at the World School of Massage and Holistic Healing Arts located in San Francisco, California. I blend the Japanese healing art of Reiki with bodywork and holistic counseling to support your health and well-being.

I have done energy work all of my life and draw upon spiritual insight and guidance to support your life's journey. I am offering my own techniques of TaoReiki which combines Taoist principles with Japanese Reiki, and Ryoho Orishaki, an American Umbanda healing system that draws upon the healing energies of the African orisha. I believe healing is an ongoing process and I work together with my clients to enhance this state of being.

I work with clients who are coping with traumatic brain injury & post-traumatic stress utilizing a combination of bodywork and Reiki to assist my clients in achieving balance and calm.

## **NEW FOR 2023**

I am retiring from offering full body massage. However, I will be offering life coaching, holistic counseling, and spot bodywork for specific health issues as well as teaching custom sessions in Collaborative Bodywork.

Collaborative Bodywork is working with a partner or family member who has been instructed in bodywork techniques to address your specific issue. This, combined with holistic counseling, is the most cost-efficient way to bring bodywork into your home to address chronic health issues which can not be addressed as effectively by one's self alone.

~ I look forward to hearing from you.~

**(707) 825-8554**

[TaoReikiHS@gmail.com](mailto:TaoReikiHS@gmail.com)