

# Qi Dragon Healing Center

Dr. Liping Zhu, DAOM, LAc.

Acupuncture ~ Herbal Medicine ~ Qigong ~ Tai Chi

## Dr. Liping Zhu, DAOM, LAc.



Dr. Zhu received her Masters and Doctoral degrees in Traditional Chinese Medicine (TCM) from the American College of Traditional Chinese Medicine (ACTCM) in San Francisco. Dr. Zhu majored in Pain Management and Women's Health and has been in general practice since 2004. She is licensed to practice acupuncture and herbal medicine both in California and nationally. She is an approved VA Community Care Network provider for veterans. Dr. Zhu is also a Certified Qigong Master of Heavenly Essence Qigong® and a 13<sup>th</sup> Generation Lineage Holder of the Daoist Tai Yi Swimming Dragon Tai Chi System. She has translated many of the original Chinese textbooks and teachings of those lineages into English and has been teaching both systems to people of all ages for more than 20 years. She also was the professor of Qigong at ACTCM for more than 15 years. She developed the Heavenly Essence Qigong Certificate Training Program and founded the Heavenly Essence Qigong Institute, Inc. Dr. Zhu was a resident of the San Francisco Zen Center for 10 years. Her fluency in English and extensive background in TCM, Qigong, Tai Chi and Zen makes her a unique bridge between the Eastern and Western healing and spiritual cultures.

## Qi Dragon Healing Center



Qi Dragon Healing Center was founded by Dr. Liping Zhu with the vision of providing the Traditional Chinese healing arts of Acupuncture, Herbs and Te Yi Medical Qigong® as well as promoting the self-healing and spiritual cultivation techniques of Heavenly Essence Qigong, Swimming Dragon Tai Chi and Qin Quan (an internal Martial Art) to the community. After providing her services for over 22 years in San Francisco, Dr. Zhu, a well-regarded Chinese Medicine practitioner and Qigong and Tai Chi teacher in the Bay Area, and her husband Philip Brown, a Certified Rolfer® (now inactive) who practiced in San Francisco for 16 years, a long time Tai Chi practitioner, and a Certified Qigong Instructor, relocated to Humboldt County in 2018. They moved because of their love of the redwood forest and the opportunity to practice in this peaceful environment. They are grateful to have become an integral part of the Humboldt County healing community and are honored to continue to serve the people here.

## Acupuncture, Herbs & Qigong can be used for:

- Health Maintenance & Anti-Aging
- Pain Management
- Women's Health (irregular menses, fertility issues, pregnancy support, post-partum, menopause, etc.)
- Mental/Psychological Disorders (stress, anxiety, depression, PTSD, etc.)
- Cardiovascular Disorders (High blood pressure, high cholesterol, etc.)
- Neurological Disorders (Stroke, Shingles, MS, neuropathy, etc.)
- Digestive Disorders (acid reflex, indigestion, diarrhea, IBS, stomach pain, constipation, etc.)
- Sleep Disorders
- And more!



## For Information:

Website: [www.qidragon.com](http://www.qidragon.com)  
Classes: [www.qidragonschool.com](http://www.qidragonschool.com)  
Email: [office@qidragon.com](mailto:office@qidragon.com)  
Phone: 707-599-4140

Eureka Clinic: 2831 E St (in Henderson Center)

Fortuna Clinic: 1730 Main Street, Suite C

