

Marge O'Brien, RN



Certified
Hypnotherapist

When would hypnotherapy be helpful?

- Anxiety or Panic attacks
- Relationship Issues
- Past Traumas (emotional or physical)
- Anger or Rage Issues
- Illness or life threatening disease
- Presurgical Care, chemo, radiation
- Any life issues/emotional issues

I believe anyone could benefit from Hypnotherapy. Thru this safe and gentle process, a hypnotherapist can guide you into the subconscious where your power, wisdom, and inner strength reside. This sacred space of “knowing” is the connection to your Higher Self.

My specialties include both **Pre-surgical Therapy** and **Cellular Release**. A Presurgical Session will take the fear out of surgery by activating your inner intelligence to assist in maintaining balance and homeostasis throughout the event.

My Passion and expertise over the past ten years is Cellular Release Therapy. This system is designed to clear trauma and painful experiences without my clients having to remember or re-experience them.

The intelligence within the cells of our body is continuously programmed from the moment of conception. This programming is multi-layered and holographic and contains the energy and records of all experiences and their emotional impact from this life, and all our previous lives. We have experiences that bring us joy and enhance our lives, and experiences that are traumatic and cause imbalance and lack of harmony. These negative experiences can be released and cleared thru this amazing process called “Cellular Release.”

For more information please call me at

707-499-0552