

BIOMECHANIQUE

FUNCTIONAL WELLNESS MASSAGE

Myofascial, Orthopedic, Craniosacral & TMJ

Specialized in an integrated advanced therapeutic approach comprised of myofascial, orthopedic, craniosacral, and TMJ massage modalities. All sessions are customized to your needs and goals to better help you do the things you need and want to do without the hindrance of unnecessary functional limitations or pain due to correctable postural imbalances, repetitive motion stress, old injuries, or chronic mental or lifestyle stress. Whether you are looking primarily to relax or have issues you want to address, I can accommodate you!

Dèsirée E. Plaisance

MA, LMT, CMT

LMT #8009, CAMTC #88154

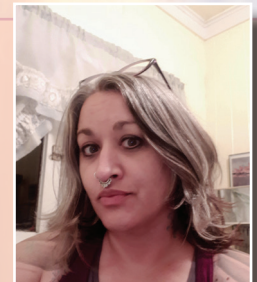


Located in the

Arcata Wellness Center

735 12th Street

across from Wildberries Market



I've been a licensed/certified massage therapist since 2007, practicing in the New Orleans area until moving to Humboldt County in the summer of 2021. I did my basic training at Blue Cliff College in Metairie, LA, and did most of my advanced training with Peter Fuller of the Advanced Massage Training Center of New Orleans. With over 1600 hours of massage training, plus my academic studies in Medical & Evolutionary Anthropology and my experience teaching in the Tulane School of Medicine Standardized Patient Program, I am uniquely qualified to offer this integrated advanced therapy form I've dubbed "Functional Wellness Massage" to improve the health and well-being of my adopted community.



Gift Cards Available!

biomechaniquemassage@gmail.com

For more information, availability, and booking, visit

www.biomechanique.com