



Helping create a cleaner, clearer, lighter you!

Colon Hydrotherapy

ADVANCED IACT Certified

The goal of colon hydrotherapy is to help aid the body in opening the natural pathways of elimination. This is achieved through the introduction of temperature-regulated, filtered water into the large intestine for the purpose of removing accumulated waste and toxins. Many health care practitioners include colonics as part of a combined treatment for yeast infections (Candida), constipation, autoimmune disease, Lyme, parasites, allergies, toxic metals, weight loss, liver problems, and more.

Ionic Detox Foot Spa

These naturally stimulating and relaxing treatments are based on the ionization of water and osmosis to draw toxins from the body. This offers a way of approaching healing through saturation of the blood, tissues, cells and organs with negative hydrogen ions. These ions act as both an energy carrier stimulus and an antioxidant in the body. Beyond just detoxing, the Ionic Foot spa also acts to recharge the body with electromagnetic signals.

LENS Neurofeedback

Low Energy Neurofeedback System (LENS) is a unique type of neurofeedback that gently and effectively nudges the brain out of maladaptive brainwave patterns it is stuck in. Allowing it to self-regulate, restore homeostasis and reset itself for optimal performance.

Neuroscientists believe that the brain's defenses against stressors and trauma can create a "neural gridlock." LENS works around these blockages. Addressing the brain in its own electromagnetic language. LENS allows the brain to "reboot," restoring optimal functioning.

LENS therapy can help any one of any age struggling with neurological issues, mental health, sleep, cognitive and emotional issues and ailments of many kinds. Clients with traumatic brain injuries have experienced relief from symptoms quickly and permanently. LENS Neurofeedback is not a specific treatment for any single condition but an advanced therapy known to improve brain function.

The LENS works well with problems of the Central Nervous System. These include:

- * **Anxiety/Depression**
- * **Addictions/Dependencies**
- * **Performance Optimization**
- * **Organic Brain Conditions** ADD, ADHD, the autism spectrum
- * **Concussion and Traumatic Brain Injury**
- * **Cognition**
- * **Mood**
- * **Motor**
- * **Motivation**
- * **Pain**
- * **Fatigue**
- * **Reactivity**

Vital Flow's primary goal is quality of life optimization.
Reach out today, start living optimally!

707-498-9169

VitalFlowCleansing.com