



Amber Maywald

Mediation / Mediator

Co-Parenting * Divorce * Family Disputes * Elder Care Negotiations
* Business Partnerships * Workplace Conflicts * Neighborhood Disagreements

Together, we can
create solutions to
problems that seem
unsolvable

As your mediator and coach I will guide you to:

- resolve difficult feelings
- create meaningful solutions
- define action based agreements
- move forward in harmony

SERVICES

Mediation: Offering third party mediations when you need to resolve an external conflict with another person. We will use proven techniques to create mutually satisfying agreements.

Coaching: Offering one-on-one coaching sessions when you are experiencing internal conflict about life decisions or events. We can even use specialized techniques to create healing with another person without their presence being necessary.

Training: Offering team trainings to empower your staff with the skills they need to communicate more efficiently and resolve their workplace conflicts with ease, increasing overall harmony and productivity within the business.

Amber Maywald has 20 years of mediation experience along with a lifelong background in psychology, communication, leadership and spiritual development. She has been a Nonviolent Communication (NVC) practitioner for 15 years and an Internal Family Systems (IFS) therapy coach for 6 years. She maintains a regular spiritual practice of meditation and Taoist embodiment practices.

Amber is a skilled Mediate Your Life NVC mediation practitioner. She has completed advanced IFS therapy programs with the organization for IFS Growth as well as the IFS for Coaching course with the Institute For Self Leadership. She holds a training certificate from her local ADR NPO, Humboldt Mediation Services, and volunteers for them regularly. Amber is also an ordained spiritual facilitator in the Taoist school of Earth Temple Arts.

Amber brings the essential qualities of intelligence, deep listening, patience, strong leadership and unconditional compassion and acceptance to each of her clients while maintaining complete neutrality.

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