



Jonathan Carrick

Stress Reduction Practitioner

Alphabiotic Alignments * Kambo Sessions * Transformational Coaching

Are you ready to engage your full potential?

Ideal for **ALL INDIVIDUALS** who are seeking optimum health, mental clarity and vitality including:
Athletes * First Responders * Business Professionals * Corporate Teams * Contractors
Students * Householders * Elders * And anyone who is Stressed, Fatigued or Ill

Would YOU benefit from any of these?

- Instant Stress Reduction
- Relief from Illness and Dis-ease
- Balanced Brain Function
- Improved Mental Clarity
- Structural Alignment
- Cellular Restoration
- Enhanced Performance, Energy & Stamina
- Better Workout Recovery
- Hormone Balance
- Detoxification and Regeneration
- Resetting your Nervous System
- Rebooting your Immune System
- Bio-Energetic Purification
- Shamanic Transformation
- Restoring Inner Peace



The Alphabiotic Alignment: Brain Reboot

The Alpha Alignment unifies both hemispheres of the brain, which activates higher levels of chi within the body, corrects structural imbalance, and instantly relieves stress.

Using a gentle, hands-on process, the practitioner sends a sensory input to the brain, telling it that a defensive response to stress is no longer necessary. In a matter of seconds, the brain reboots as the left and right hemispheres come back into coherence, while the nervous system instantly switches into REST/REPAIR/REGENERATE,

which catalyzes a powerful healing response in the body.

The Results: Optimized physical and mental performance.

The Alpha Alignment is revolutionizing lives. How may it transform YOURS?



Kambo Cleanse: Ancestral Earth Medicine

Are you prepared to embark upon an extraordinary transformational journey to re-set your life? Have you been feeling stuck? Have the heightened stressors of modern life left you feeling uncentered, ungrounded, or distracted? Are you struggling with dis-ease, illness or toxicity?

Kambo is a traditional healing ritual from South America that has been practiced for over two thousand years. It is used to bring about a deep physical, emotional, energetic, and spiritual cleansing process. Kambo returns you to a balanced, natural equilibrium by detoxifying and rebooting the immune system, releasing stagnant energy, and empowering your transformation on the physical and spiritual planes.

*Kambo is non-psychedelic and legal in the U.S.

Jonathan Carrick has been an educator of wellness & transformation and a healing arts practitioner for over 15 years. He is a board certified Developmental Alphabioticist, helping individuals to reboot their nervous systems, unite their brain hemispheres, and bring the body/mind/spirit back into a state of alignment. He has served Kambo for 5 years to hundreds of clients and is certified by the International Association of Kambo Practitioners (IAKP).

I BELIEVE THAT YOU ARE YOUR OWN GREATEST HEALER.

My mission is to help you identify, articulate, and release stressors, imbalance, distorted perceptions, and outdated programming ... While creating a new template for you to live the life of your greatest dreams. Since the body is a mirror of the brain, we first look at how stress affects integral structure and creates imbalance, weakness, and tension over time and then apply pattern interrupts such as breathwork, yoga, Kambo, and the Alpha Alignment. My aim is to be your transformational life-coach and noble ally every step of the way as you release, re-program, and revitalize those patterns which are no longer serving you while becoming the happiest, healthiest, version of you ...

I uphold myself and my clients with the highest level of respect, integrity, safety, non-judgement, and kindness, always acting with professionalism within the scope of my training, knowledge, skills, and abilities. I look forward to being an ALLY of POWER in your personal TRANSFORMATION!

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