



Kim

Chamberlain

AKASHA BODYSMITH
AQUATIC BODYWORK CENTER

Watsu® incorporates massage, stretching and traction for effective holistic healing results. Imagine floating, supported in warm water, stretching and moving deeper into relaxation. The weight-neutral environment and warm water provide support unparalleled in gravity. It facilitates a reduction in stress, easing pregnancy and swelling, also quieting muscle spasms and contracture. Effective therapeutic results may be achieved through freedom to work both planes of the body simultaneously.

For over 21 years, Kim Chamberlain has offered Advanced Therapeutic Massage for pain management, injury rehab or to just plain feel good. Specializing in Deep Tissue, Neuromuscular Therapy and Orthopedic Massage. I offer individualized therapy based upon personal needs, in a collaborative effort, honoring the whole person to empower a self-realized healing process.

Based in Fortuna, the facility includes a dedicated massage room, an indoor 95 degree 13' salt water therapy pool, fully wheelchair accessible for land or water sessions including shower and an outdoor Spa.

- Pool or Spa Rental
- Gift Certificates
- Flexible Hours

By Appointment

707-725-8867

akashabodysmith.com

