



Zoe's Kitchen Offers
Empress Nectar
 Coconut Water Kefir
 & Water Kefir Grains

- **Delicious**
- **Hand Crafted**
- **Lovingly Cultivated**

*Nourishment from
 The Goddess &
 Our Ancestors*

**The
 Coconut ...
 Empress of
 Life Giving
 Nutrition**

Coconuts are high in lauric acid. Breast Milk is the only other natural source which contains such a high concentration of lauric Acid.

**Tibicos ... Our
 Ancestors &
 Evolutionary
 Partners**

Symbiotic colonies of bacteria and yeast.

In the first two billion years of life on Earth, bacteria—the only inhabitants—continuously transformed the planet's surface and invented all of life's essentials.

-Lynn Margulis

In our bodies, bacteria outnumber the cells containing our unique DNA by more than 10 to 1. The vast majority of these bacteria—a mind boggling 100 trillion—are found in our intestines.

-Sandor Kat

Empress Nectar Coconut Water Kefir \$10.00 a Pint

Call or Text Maya at 707-834-6831