## Wade Pajares

Clear Being Healing Guidance



## Human Design Readings Jin Shin Jyutsu Sessions

Offered individually or together as a potent combination assisting in the nurturing and development of Self-Love.

**Human Design** is a synthesis of the I-Ching, Astrology, the Kabbalah, the Brahmin Chakra system, Physics, Biology and Chemistry. The quantum that is created by interweaving these already well-developed observational and experiential sciences is profound. A Human Design Reading will affirm everything you already know about yourself, as well as, take you deeper into Self- Awareness, and your decision making process. Giving you very clear and concise signpost to help you navigate your Life more authentically.

It reveals very specific characteristics in regards to your Mind, Body, Diet, Environment, that support and define your uniqueness.

**Human Design Readings** are also great to help us understand our Children and our partners better, supporting more harmonious relationships through understanding our loved one's uniqueness and needs.

Jin Shin Jyutsu is a Japanese Healing Art that is similar to acupressure. Following the guidance of the body, and the messages received through pulse reading, the practitioner uses their hands to hold very specific Energy centers which are called "Safety Energy Locks" (SEL). The SEL act as circuit breakers for the body, notifying us with pain or numbness as soon as we fall out of universal harmony. By holding two SEL at the same time, any stuck energy is able to move freely back into it's proper pathway in the meridians of the body.

**Jin Shin Jyutsu** helps with physical, mental, and emotional imbalances. Sessions are received on a softly padded massage table, while laying on your back, fully clothed. Based on the wisdom of the body's guidance, the practitioner will perform a series of energy harmonizing flows that usually last about an hour. For bigger health projects, two sessions can be received in one day, or in consecutive days, to assist in deeper, or faster healing.

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