

Uma Till, cmt

Relax Rejoice and Renew



*I love living and practicing
on the North Coast!*

**My healing practice is based in
several different traditions including
Native American and Eastern.**

I am a Reiki Master

Specializing in:

Swedish • Deep Tissue

Craniosacral • Reflexology

Raindrop therapy (essential oil treatments)

Sound Healing including Tuning forks

Crystal Singing Bowls & Toning

**Vyana Vayu Pranayama - 6th Method of
Awakening as taught by Michael Brian Baker**

I also work with Purium Superfoods

707-834-1101

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**My office is located at the Isis Osiris Healing Temple
in Sunny Brae, or I can also come to your home.**