

Transformational Therapeutics

Patrick Harestad



Anatomy Trains Structural Integration

Works with the whole body's Myofascial Meridians to unwind the complex patterns of dysfunction, relieve pain and promote optimal body function.

Treating:

Scaiatica	Tendinitis
Neck pain	Hip issues
Lower back pain	Shoulder issues
SI joint dysfunction	Leg and feet issues
TMJ dysfunction	Arm and hand issues
Frozen shoulder	Bursitis

Dynamic Light Therapy

Noninvasive healing of using light-emitting diodes to increase cellular function.

Effective healing for:

Tissue repair
Immune function
Nervous system issues
Chronic pain

Patrick Harestad is a graduate of Anatomy Trains School of Structural Integration, a board certified advanced structural integrator and a member of the International Association of Structural Integrators. He has assisted Thomas Myers at numerous bodywork workshops at Esalen Institute and teaches bodywork, yoga and anatomy nationally and internationally.

Transformational-Therapeutics.com
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