

Spirit Horse Education, LLC



**Equine-Guided Education,
Growth, Healing, Liberation**

We learn to listen to our bodies and
heed the call of our spirit in order to
understand more deeply, who we are.

When we become students of the horse, we learn to listen, to heed the call of our spirit, and to understand more deeply who we are. Horses teach us about truth, communication, love, honesty, compassion, negotiation, respect, and belonging. They are the experts at reading and negotiating energy, non-verbal communication, intuition, body/somatic awareness, and boundaries.

They have so much to teach us if we can just slow down enough to listen.

Holly and the staff at SHE can support you to come into your true power...

- **transform old stories into new possibilities**
- **de-program automatic and unconscious conditioning**
- **wake up your potential & authenticity with ease and grace**
- **listen deeply and trust your inner wisdom**

Spirit Horse Education works with all types of people, with any variety of challenges, hardships, traumas, and/or diagnoses. There is no riding involved in our work – it all takes place on the ground, with the horses. This work can be done via one-on-one sessions for an individual or a series of sessions with a group of staff, family, or others who want to explore any number of issues, like relationships, communication, trust, and more.



Holly Scaglione (she/her) holds a Master's Degree in Social Work. She has over 20 years experience in the social services field. Holly has been taught-from and moved-by the spirit of the horse for 25 years and is a Certified Equine Guided Education Coach and HeartMath Practitioner. She

works at the intersection of somatics, experiential learning, and collective liberation – all guided by her deep relationship to horses and nature.

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