

Janne Gibbs,

FNP/RN-BC, MSN, AHN-BC, HWNC-BC, CHTP

Owner of **Trillium Healing & Arts**



Licensed Registered Nurse & Family Nurse Practitioner

Certified Advanced Holistic Nurse & Coach

Integral Coach

Certified Pain Management Nurse

Encountering clients in a holistic multidimensional manner that elicits the person's own inner resources, self-direction, and the ability to experience greater comfort, peace and healing...

My Mission:

I believe that each person has his/her own best wisdom, answers, and personal strengths, but may be challenged at times in accessing and trusting them. I also believe in the importance of human connection, and in holding a sacred space for personal exploration, transformation, and inner healing. This is why, as an intuitive, compassionate, caring holistic nurse-healer-coach, I help co-create an interactive, embodied conversation and transpersonal experience that will invite and encourage personal growth and progress for my clients. I utilize a variety of multidimensional, integrative tools that invoke the richness of different ways of being, thinking, and doing, which helps facilitate greater knowing and healing. And lastly, it has been through my most difficult personal life challenges and life-threatening experiences, that I have gained my greatest insights and most profound personal and spiritual growth, and thereby, has amplified my empathic and transpersonal connection with others.

Special Populations I work with:

- Clients Living with Acute or Chronic Pain
- Clients Challenged by Chronic Illness or by a Catastrophic Health Event
- Clients Facing Loss, Death &/or Grieving
- Nurses Fighting Burn-out/Work Frustrations &/or Want Greater Peace & Life Balance

Key Offerings:

My sessions may vary in how I interact with clients, in that I incorporate multiple, distinctive holistic tools, such as:

- Interactive Guided Imagery®
- Integral Holistic Coaching
- Healing Touch®, Therapeutic Touch® & Reiki
- Symptom/Stress/Pain Management
- Emotional Freedom Technique "Tapping"
- Positive Neuroplasticity & Resilience
- Attitudinal Healing
- Compassionate Mindfulness
- Holographic (Resonance) Re-patterning
- Grief, Loss, & Bereavement Support
- Empowerment & Transformational Journey Work
- Holistic Health Education & Consultation
- Surgery/Procedure/Hospitalization Preparation & Recovery
- Individual, Family, & Group Work

Certified Advanced Holistic Family Nurse Practitioner, Healer, Integral Coach, AGI Imagery Practitioner, Owner:

I incorporate healing modalities and teach self-help health practices. I also have a passion for working with nurses, who may be experiencing burn-out, life challenges, and/or difficulty creating balance in their personal and/or professional lives.



CR Professor: I retired as a tenured full time nursing professor in June 2011. I taught nursing theory and clinical in all levels and specialties of nursing except for acute psych nursing. I also taught pharmacology, maternal-child, and holistic nursing.

Healing Touch: I am a board certified Healing Touch Practitioner (CHTP), since 1994, and a member of both Healing Beyond Borders and Healing Touch Professional Association.

AHNA Member, Chapter/Networker, & Workshop/Conference Presenter: I have been a very active, dedicated member since 1991.

Offering Both 1:1 and group live appointments, as well as online virtual, webinar group coaching/classes and 1:1 coaching/therapeutic sessions. Free 45 minute consultation session is available to explore my services.

work: **707-443-2697** cell: **707-496-2316**

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