

Heather Lovig, PhD

*Intuitive
Counseling
Mediumship
Holistic
Energywork*



*The Journey of a Thousand Miles
Begins with a Single Step
—Lao Tzu*

Are you at a crossroads in your life or in some type of transition? Having a hard time making a decision and don't know where to turn? Looking for clarity and guidance on your path? Want to connect with yourself and your life in a more deep and intimate way? Welcome, I am so glad you found me! For over the last 18 years I have had the joy of assisting many on their life journey through integrating my ability as a psychic medium healer and my training in Somatic Depth Psychology and Women's Spirituality.

Whether you are looking for guidance through a confusing/ trying time, need help in restoring somatic wellness through energetic bodywork or are looking for one on one coaching to assist with personal growth and inner transformation, I am here to support you!

For more information and an in depth description of offerings please visit my website or call. Many blessings to you on your path!

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