

TINA DAWSON



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HEARTOFTHEROSE.NET

HEART OF THE ROSE

HEALING SERVICES FOR WOMEN

- ❖ CranioSacral Therapy for women & infants
- ❖ Lymph Drainage massage ❖ Intra-oral TMJ release
- ❖ Prenatal, Induction, Postpartum & Infant Massage
 Doula Services ❖ Childbirth classes
 Mother Roasting ❖ Placenta Medicine
- ❖ Pre and Post Surgery Massage and Consultations

I love this place we call home, Northern California by the sea. I love the animals & birds, the tall trees, the ocean, the mountains and the forests.

I love the gentle spirit of this place: being here helps me live in my body with ease. I feel Mother Nature's energy and potency here and I love Her. This love is what inspires my offerings of healing services to our community.

I am a **Certified Massage and CranioSacral therapist**, doula. I specialize in healing services for women during life's many transitions: menarche, pregnancy, labor, birth, menopause, post-surgery, elder years, aging & illness. I work with women to alleviate painful TMJ disorder, migraine headaches, carpal tunnel syndrome, tendonitis, digestive problems, anxiety and panic disorders, lymph edema, postpartum depression, pelvic pain & dysfunction, and chronic neck pain and injury.

I am a **Placenta Medicine Encapsulation Specialist**, and offer the encapsulation service, preparing the medicine using Traditional Chinese Medicine. My website contains research, information, and testimonial evidence from local women who've experienced the benefits of ingesting their placenta medicine.

I lead **Birth From Within** Childbirth Preparation classes for women and their partners at Moonstone Midwives Birth Center in Arcata.

The values inherent in **CranioSacral** therapy are the foundation for all of my work. I approach my bodywork, classes and births with meditative presence, patience, deep listening and compassion. I am happy to celebrate my 17th year in practice, and am grateful to be part of Humboldt County's healing community.