

Wholistic Heartbeat

Together We Heal

Dear friends,

A Message from Maya:

After 21 years of growing and nurturing **Wholistic Heartbeat** through its various expressions, I am very happy to announce that I have been spreading my Isis wings and expanding into new adventures on my healing path. (Who knew I'd one day add crab pot rope basket weaving to my resume?)

As my life continues to get more and more fulfilling and beautiful I want to take this opportunity to announce that it is with a wide open and confident heart that I am delighted to let you know, that after a short hiatus ...

***Wholistic Heartbeat is ready to come forth again
and bear fruit under a vibrant new creatorship.***

Wholistic Heartbeat has found Her next steward. This is a blessing and dream come true for me. As you will soon see, this woman is an easy and natural extension of the spirit of Wholistic Heartbeat and I have the utmost confidence in her heart, her leadership and her skill. She is the perfect person to continue to carry forth the **WH** mission and she will use her unique gifts to further support the vitality of the healing arts as an essential component of our community's healthy ecosystem.

A Message from Hannah:

Hello! My name is Hannah Sauer. Many of you know me as Hannah Virginia. I am so happy to share with you that with Maya's help and ongoing guidance, I will be the next steward of Wholistic Heartbeat. The depth of my gratitude and appreciation for Maya's support and trust in me still brings me to tears almost daily.

My intention is to carry on this work in a way that is pure and true to Maya's vision. Maya will remain an active force and advisor to Wholistic Heartbeat. We will work hand in hand (sometimes literally, ha-ha) to insure the depth and integrity of this community resource.

My aspiration is to steward and nurture the growth and natural evolution of Wholistic Heartbeat in a way that serves our local (and global) community, and its healing.

I have been part of our local healing community for over 15 years. Like so many healers, my education and experience continues to expand. I am a CMT and Clinical herbalist. I practice various forms of energy work and other polarities. For over 20 years I've studied in many fields from midwifery and TCM to Tibetan Buddhism and natural health. I've taught the Mysteries, read your charts, coached, and read your cards.

My own healing journey has returned me to Maya for guidance and support again and again. For me, the depth of our connection is profound. The opportunity to continue her work is a gift beyond words. I am so looking forward to delving into this sacred endeavor. It is my promise to you to honor the voice and original mission of Wholistic Heartbeat.

The next issue of ***The Annual Healing Arts Guide*** is underway!

You will be hearing more from us soon!

Please contact me with interest, questions, or just say Hi.

I can be reached by email at

info@wholisticheartbeat.com & wholisticheartbeat@gmail.com

or by phone at 707-683-2316 (text is best)

I am very excited and look forward to connecting with each of you.

As we endeavor to heal ourselves, we heal our community and the world.

And so what was born before, begins anew.

May all beings benefit.

With sincere love and appreciation,

Hannah Virginia Sauer

And don't worry Maya still offers private sessions and can be reached at 707-834-6831

Do check out her latest creative adventure at www.seasideweavers.com.