

Spiritual Guidance for Spiritual Awakening

Dana Todd Biondo

Spiritual Coaching in A Safe Space

A Modern day and Ancient day Facilitator of
the Holistic Healing Arts.



**I specialize in Self Awareness,
Self Empowerment and
Self love! Spiritual Food,
Nutritional Education.
Families and Kids Welcome!**

Born October 5, 1960 at 11:07 am in Malone New York.
- 11 miles from Canada! Under the Stars, My sun is in
Libra, I seek balance, peace, beauty and harmony.

My Family tree stems from 2 common ancestors: Pietro (Peter) Biondo and Giovanni (John) Biondo were both of whom were born in the village of San Mauro Castelverde, Sicily. They were brothers who Immigrated to the USA at separate times and settled in different places in the N.E. coming through Ellis Island N.Y. I am Not Italian I AM Sicilian. :).

My family coming from the Mediterranean - I love Water, the Sun, Palm trees, Cactus and Aloe vera, Art, Angels, Astronomy, Magic, Mystery, Mother Mary, Merlin, the Mineral Kingdom the Plant Kingdom, Elemental Kingdom. In my inner house are many mansions.

My journey "this time" has been quite amazing there have been many challenges and these have fueled my burning desire to help facilitate transformation in others. Death has been a theme in my life. I lost my mother and father at age 5 then both my sister, brother while I was in teens then my foster mother at age 16 and just recent my 41 year old beloved. I know life is sacred and precious.

Nothing is more important than the love we have for our Self, one another and our family. As a matter of fact nothing at all is more important than love, one day you too will know this. Love dissolves all fear. Yea! :).

This is my passion and my desire for you to Be all you can be. One day after 20 years in the corporate world working in Seattle I worked for Microsoft, Nordstrom and the Immunex corp. One day I decided to have God as my employer I left that behind and did not look back.

With no 401K, retirement, severance pay, savings or family it was just God and myself. Thank God is always with us. Over 75,000 in debt I was brought to my knees humbled and exhausted literally dying.

After reading the King James version of the New testament I had a healing from Jesus and a friend of mine from Lincoln City Oregon, the Herb Store brought me back to life with the help of one of Swami Muktananda's devotee Ma Prem. After my 1st Reiki treatment I was on my way up and on my way and back to life as the wounded healer I was to becoming one who would devote my life then to heal others.

In Santa Fe N.M. I was initiated into Usui Reiki and multiple other modalities then I discovered The Merlin lineage - Vortex@Healing which I still attend classes even after 18 years! Losing my health insurance was a gift because I learned to heal myself with the help of God given plants, herbs, organic foods and clean spring water and removing all substances that create illness and dis - ease. Including Tap Water which has poisonous Fluoride, Alcohol, caffeine sugars, cigarettes, preservatives, additives, food coloring, fast foods, processed foods, I cook good clean healthy foods.

Thank you mom for teaching me how to cook. This is how you heal thySelf.

Let thy food be thy medicine! After more than 7 surgeries and being a caregiver for six years for a 3 time cancer patient I have many years of experience using western medicine and Eastern medicines to help you. These are all practical, natural, effective, long lasting approaches to healing yet I believe the most effective approach is to realize that.

No One is broken and the most loving way I can help them along the path is hold a Safe Space and just be. Be there in the moment and don't try to fix anything. Unless requested.

This takes a high level of thinking and years to practice. I really just need to let go wanting to be the savior for any one. I have come to see that when I allow my clients to go through their own process they feel effortlessly supported and are able to make the transformation on their own which is what they really want any way.

**My focus is helping you to Be Self Aware,
Self Empowered and Self loving.**

And it's hip to be square.

Because seriousness in a Dis ease.

Say this to Yourself; I AM my own Beloved!

I AM willing to change and grow.

I AM Willing to discover how lovable I AM!

Beloved I AM! Beloved I AM! Beloved I AM!

I AM that I AM

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